

MetLife 360Health

MetLife and REI Super are working together to support your employees' health and happiness.



Choose REI Super as your default fund and any employee that joins the fund will get access to MetLife 360Health.

MetLife 360Health offers REI Super members, including their partner and children, access to award winning health services to help them live healthier for longer.

To make REI Super your default fund, call 1300 13 44 33



What is MetLife 360Health?

MetLife 360Health offers REI Super members, including their partner and children confidential access to global expert specialists, general practitioners (GP)/doctors and mental health clinicians to assist them with gaining greater confidence and clarity on medical concerns.

This service is provided at no extra cost to REI Super members.



What MetLife 360Health services are available?

MetLife 360Health offers a range of services including:

- Medical**
 - Medical opinions from global experts and specialist doctors who will review members' medical files to provide their clinical opinion and treatment recommendations.
 - Ask a question and receive a response from a GP or paediatrician within 24 hours.
- Mental Health**
 - Book an in-depth mental health review.¹
 - Ask a mental health question and receive a response from an expert within 24 hours.
- Nutrition**
 - Book a nutrition consultation with a dietitian.
- Fitness and Recovery**
 - Seek advice and a personalised plan from an exercise physiologist to help with fitness or recovery.

1. To access Mental Health Assist you need to be 18 years old or above.



How to access MetLife 360Health services?

MetLife 360Health services can be easily accessed online or via an app.

To find out more about MetLife 360Health services, visit reisuper.com.au/health

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